



# Where would you like to start?

Click a section to get started learning about our troop!

AHG Basics

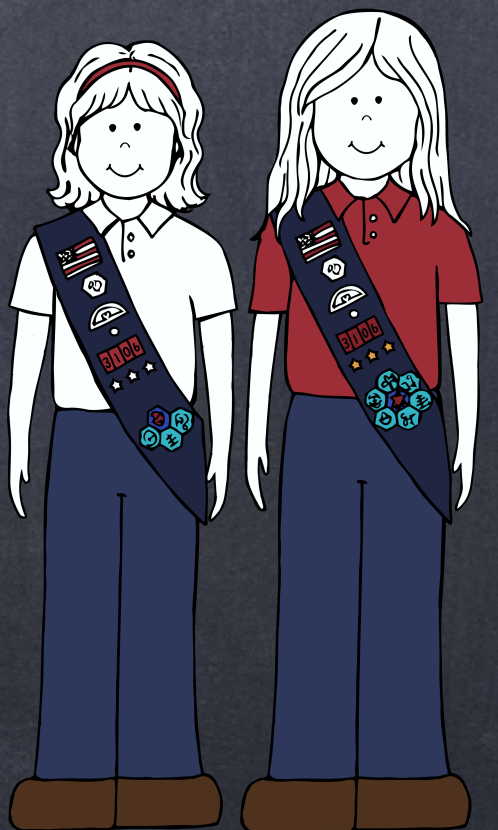
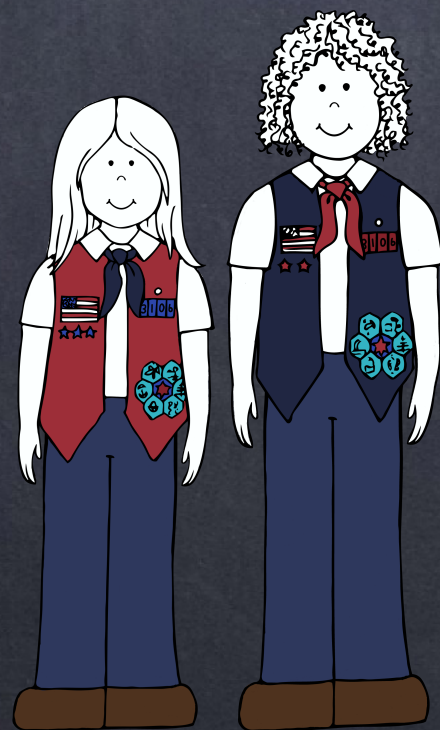
Our Troop

Participation Costs

Uniforms

Parent Volunteering

How to Join



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# American Heritage Girls Basics

Click a section to get started learning more about AHG!

AHG Facts

Oath &  
Creed

Inclusion  
Policy

Program  
Emphasis

Awards &  
Recognition

Level  
Awards

Badges

Uniforms &  
Handbooks

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# American Heritage Girls Facts

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- Fun-filled
- Christ-centered
- Service-oriented
- Character development organization for girls that would contribute to the betterment of each girl's community and strengthen her walk with Christ.
- Founded in 1995, AHG has grown to over 1,000 troops with 50,000+ members
- Now serves girls in all 50 states and in 14 countries including Germany, Singapore, Romania, China, and more
- American Heritage Girls is the premier national character development organization for young women that embraces Christian values and encourages family involvement



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# AHG Oath

“I promise to love God,  
Cherish my family,  
Honor my country,  
and Serve in my community.”

The AHG Oath and Creed are the backbone of our program. Each girl will memorize and agree to live by them as an American Heritage Girl.

# AHG Creed

“As an American Heritage Girl,  
I promise to be:  
Compassionate, Helpful  
Honest, Loyal  
Perseverant, Pure  
Resourceful, Respectful  
Responsible and Reverent.”



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# AHG Inclusion Policy

All biological girls of any color, race, national origin and socioeconomic status who agree to live according to the standards of the Bible, the AHG Oath, and the AHG Creed are invited to be members of American Heritage Girls.

AHG believes that welcoming all girls to join AHG is in alignment with the Great Commission from Mathew 28:16-20. Many girls have learned about Christ and experienced faith first-hand as it is lived out by their peers and Unit Leaders in AHG.

AHG is committed to making its program available to girls of all abilities, so Special Needs Training has been created to help equip Leaders in this endeavor.

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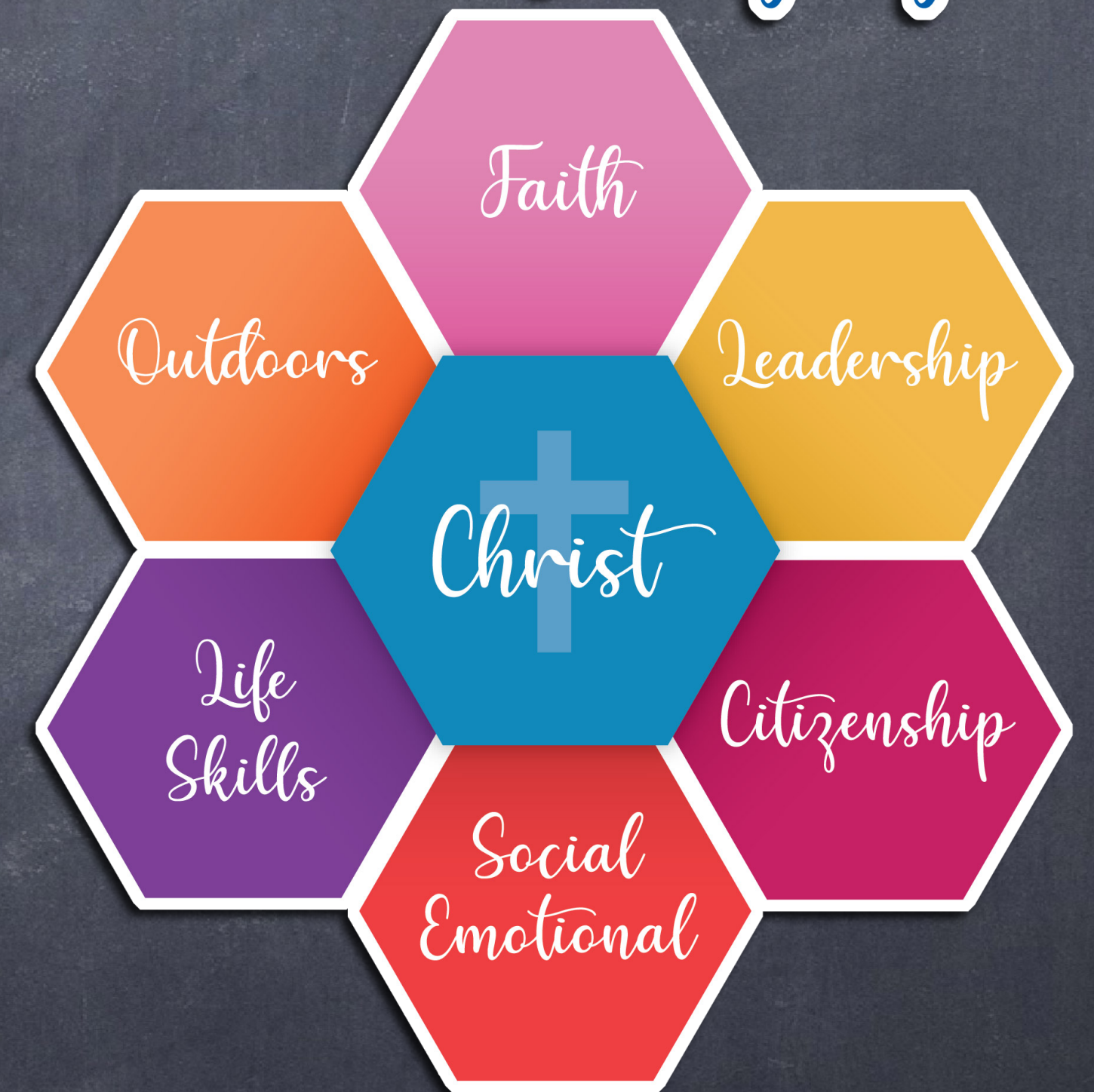
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# AHG Program Emphasis

- The AHG Program is built with six key components in order to achieve the mission of building women of integrity with Christ at the center of everything.
- These six key emphases create a balanced structure, providing girls with a holistic experience.
- A girl who completes the AHG Program will be a Christ-following servant leader who is honoring, relational, anchored in Christ, and competent: a woman of integrity.

## Women of Integrity



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# Awards & Recognition

AHG offers several types of awards and recognition for the work girls do during meetings and on their own.

- Joining Award



- Badges



- Sports Pins



- Service Stars



- Level Awards



- Event Patches



- Faith Awards



- Stars & Stripes Awards



-Insignia not to scale-

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# Level Awards

- At each program level girls will be working toward their level award which is designed to make sure girls have a well-rounded experience in the AHG program.
- Steps toward earning the Level award include badgework, leadership opportunities, special event participation, and community service hours.
- Named after women who have made a positive impact:
  - Sacagawea, Ida Scudder, Harriet Tubman & Abigail Adams





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# Badges

- AHG Badges span a huge variety of topics and interests.
- Each Badge has a list of requirements for each Level, but each Badge can be earned again later at higher levels to build on skills and interests.
- Badges incorporate the Faith Emphasis such as Bible Basics, Daughter of the King, and Mission Minded.
- Many badges also require older girls to lead younger girls.
- Earning badges provides girls the opportunity to learn a wide array of life skills, encouraging them to become lifelong learners and doers.
- Our Troop will complete 3 badges during Troop meetings and activities in a program year. Girls are encouraged to earn other badges at home if they would like to.
- Unit Leaders work with the girls to plan their activities which revolve around their AHG Badge Requirements.

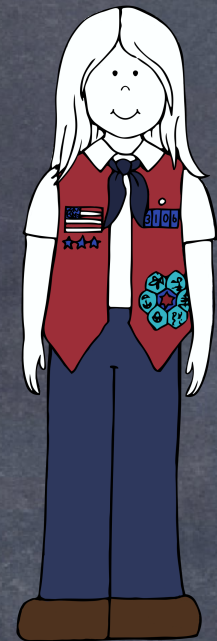


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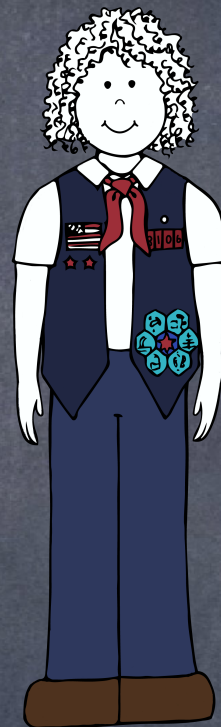
# AHG Uniforms



(5 - 8 Year Olds)

Class A

- Tenderhearts wear:
- White AHG Polo
  - Red Vest & Navy Neckerchief
  - Navy Pants or Skort\*



(9 - 11 Year Olds)

- Explorers wear:
- White AHG Polo
  - Navy Vest & Red Neckerchief
  - Navy Pants or Skort\*



(12 - 13 Year Olds)

- Pioneers wear:
- White AHG Polo
  - Navy Sash
  - Navy Pants or Skort\*



(14 - 18 Year Olds)

- Patriots wear:
- Red AHG Polo
  - Navy Sash
  - Navy Pants/Long Skirt\*

Class B

- Tenderhearts & Explorers wear:
- Blue AHG Classic T-shirt
  - Modest bottoms\*

- Pioneers & Patriots wear:
- Red AHG Classic T-shirt
  - Modest bottoms\*

Class A Uniform is for all meetings and ceremonies. Class B Uniform is for informal special events.

\* Uniform bottoms (skorts, etc.) must be no shorter than 3 inches above the knee.



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# AHG Handbook

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- All American Heritage Girls are required to have their own Handbook.
- Handbooks have all Badge requirements, and places to track the girl's progress in AHG.
- There are two versions of the Handbook the girls will use for the duration they are in those program levels:
  - One for Tenderhearts and Explorers
  - One for Pioneers and Patriots





# AHG @ Our Troop GA3106

Click a section to learn more about our troop and if we are a good fit for your family!

[Our Program](#)

[Meetings](#)

[Special Events](#)

[Service Projects](#)

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# Our Program

Tenderhearts

- At least 5 years old

Explorers

- At least 9 years old

Pioneers

- At least 12 years old

Patriots

- At least 14 years old

\*Age as of October 31 of the program year.  
Girls cannot register until they turn 5.



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# GA3106 Meetings

- First 3 Tuesdays of each month\* (August thru May)
  - Gives ample opportunity to grow, learn and earn badges
  - Also provides 1-2 weeks for family time each month
- 5th Tuesdays we meet for a fun activity or special event.
- Parents must sign in & out their children (15 & under)

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# Our Special Events

## Monthly Weekend Activities

- Camping & Non-camping Overnights\*
- Service Projects
- Day Trips & Outings
- Lego Derby
- Father/Daughter Dance
- Hiking/Nature Walks
- Much more!

## Biannual Award Ceremonies

- December & May
- Presentations of girls' recently earned recognitions & awards

\*Girls under 7 must be accompanied by a parent or guardian who is also a Registered Adult on all overnight activities.

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# Service Projects

A huge part of AHG is serving our community.

- We will strive to do 4 Service Projects each year
- Examples
  - Local Homeless outreach
  - HUGS Duffle Bags
  - Service to our Charter church
  - Community service chosen by girls
  - Wreaths Across America

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# Participation Costs

- \$43/year AHG Registration
  - Paid by family to AHG upon registering
  - \$105 Sister Cap fee for 3 or more girls
- \$16/month Troop Dues
  - Paid to Troop on first meeting night of every month. Covers meetings, events, and awards earned.
- \$20/year Program Fee
  - Paid by Troop to AHG per girl
  - \$50 Sister Cap fee for 3 or more girls
  - Typically covered by our annual fundraiser
- Class A Uniform ([click here for more information about AHG Uniforms and what is required](#))
  - AHG offers Uniform packages that include all essential uniform items (besides bottoms) as well as a [Handbook](#)
    - Tenderhearts/Explorers: \$86 uniform package + cost of bottoms
    - Pioneers/Patriots: \$70 uniform package + cost of bottoms
- Class B Uniform
  - AHG Official Class B T-Shirt (red or blue) \$14.99

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# Parent Volunteering

- Our troop's success is 100% dependent on parent volunteers
- Not everyone is a "teacher" but we all have something we can teach or share. Not everyone is good at administrative support or planning, but we can all be supportive
- Registered positions in the troop require an application process, interview, child-safety training, etc. We take the safety of the girls very seriously, and that includes screening all adults who will be registered with our troop. Many positions have additional specific required training.
- Adult registration with AHG is \$40/year.

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# How to Join our Troop

There are 3 easy steps to joining our troop!

1. Make sure our troop is a good fit for your family. Carefully read our AHG GA3106 Basic Troop Information (this document). If you have any questions please contact us! We are always happy to answer any and all questions you have.
2. If our troop seems like a good fit for you, the next step is to visit a troop meeting. All girls are allowed and encouraged to visit one troop meeting before joining. Please contact us to set up a visit to our next troop meeting!
3. Register & pay the girl's registration fee on AHGfamily.org. We will ask for your cell phone number and email address, then you will be sent a link from American Heritage Girls to register your daughter with our troop.



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# How to Contact our Troop

Email Our Troop with any questions:

[AHG.GA.3106@gmail.com](mailto:AHG.GA.3106@gmail.com)

Or message us on Facebook:

<https://www.facebook.com/ahg.ga3106/>

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